

Ashley's Meal Prep Monday!

Air Fryer Salmon

INGREDIENTS

Salmon filets
(I had used a pound and a half)
Dijon mustard
paprika
garlic powder
salt/pepper

Pat your salmon filets dry with a paper towel.

Spread a generous amount of dijon mustard all over the salmon.

Sprinkle an even layer of paprika and garlic powder on top - as well as salt and pepper

Air fry at 400 for 15 minutes.

Serve with fresh squeezed lemon on top.



CARTWRIGHT'S
MARKET