

Ashley's Meal Prep Monday!

Pumpkin Pie (Vegan/GF)

INGREDIENTS

2 cups pumpkin puree
1 cup coconut cream
1/4 maple syrup
1/2 cup Swerve
granulated sugar
1/4 arrowroot
2 TSP vanilla
2 TSP allspice
2 TSP cinnamon
1 TSP ginger
1 TSP nutmet
1/2 TSP salt
frozen pie crust (I used a
dairy/GF crust)

Preheat oven to 350. Add all ingredients to a large bowl. Mix everything well with a hand mixer. Transfer the mixture to pie crust and bake for 50 minutes.

Once pie is done, make sure to leave it plenty of time to cool!



Recipe: veggieworldrecipes.com

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